

10th Annual

# 1K Turkey Trot for Kids & 5K Run/Walk for The Park



Sponsored by the Reichert Family



Fort Salonga & Larkfield  
YOUR HOMETOWN PROUD SUPERMARKET™

and

Bethpage™  
Federal Credit Union

We care about what you care about.™

## Thursday, November 23, 2017

(Rain or shine)

### Where:

Nissequogue River State Park Administration Building  
799 St. Johnland Rd. • Kings Park, NY 11754 • 516-437-4000

### Start time:

8:30 a.m. - 1K Turkey Trot for Kids  
9:00 a.m. - 5K Run/Walk in the Park

**Check in:** 7:00 a.m. - 8:30 a.m.

**Early Check-In:** Wed., Nov. 22, 4-7 p.m.

Nissequogue River State Park Administration Building  
799 St. Johnland Road, Kings Park, NY 11754

*Emcee, DJ and other entertainment for all ages!*

**5K CASH PRIZES!**

### MALE & FEMALE

1st Place - \$100

2nd Place - \$75

3rd Place - \$50

**Top Male & Female Masters - \$75**

**5K Awards:**

Prizes to the first three finishers in each category.

**Categories:**

Male & Female - 14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

WALKERS, WHEELCHAIRS & BABY STROLLERS WELCOME



### 5K Registration Info

**Pre-Registration by Mail:**

\$24 if postmarked by Friday, November 17.

**Pre-Registration Online:**

\$24 plus service charge at ourstatepark.com through Tuesday, November 21.

**Race Day Registration:**

\$30 Thursday, November 23, 7 a.m. - 8:30 a.m.

### 1K Turkey Trot For Kids (12 and Under)

**Registration Information**

**Entry Fee \$10**

Pre-Registration or Day of Race (plus service charge at ourstatepark.com) (Parental Supervision is Mandatory)

**All Participants Receive a Ribbon!**

**New! Cash Prize for best Thanksgiving costume!**

**Free t-shirt for pre-registered runners only**

## NRSP Foundation 5K Run/Walk for the Park & 1K Turkey Trot for Kids Registration Form

(Please Print)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Gender \_\_\_\_\_

Check One:  5K Run  5K Walk  1K Turkey Trot

Shirt Size:  S  M  L  XL  XXL

**Make check payable to: NRSP Foundation**

**Send entry form to: Nissequogue River State Park Foundation**  
P.O. Box 159 • Kings Park, New York 11754



### All Proceeds Help to Enhance and Beautify the NRSP.

I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, my assigns, executors, and administrators, waive and release any and all claims for damages I may have against the Nissequogue River State Park Foundation, and all other sponsors of the 5K Run/Walk for the Park, Long Island Track & Field, The State of New York, The Town of Smithtown, and their employees, agents, representatives, successors and assigns, from any and all liabilities, claims, demands and causes of action whatsoever arising directly or indirectly from my participation in this event, even if such liabilities, claims, demands and causes of action arise in whole or in part out of the negligence of any of the above-mentioned organizations or individuals. I attest and verify that I am physically fit and have trained sufficiently for the competition of this event, and that my physical condition has been verified by a licensed Medical Doctor. If signed by a parent, the parent agrees to release and hold the above named organization and personnel harmless from and against any claims and rights, which may be asserted on behalf of the entrant. I hereby grant permission to any and all of the foregoing organizations and personnel to use photographs, or any other record of this event for any purpose whatsoever.

Signature \_\_\_\_\_ Parent Signature (if under 18) \_\_\_\_\_

**Register Online at [www.ourstatepark.com](http://www.ourstatepark.com)**

